



124 S. State Rd.
Davison MI 48423

ADULT CASE HISTORY FORM:

Name: _____ Date of birth: _____

Address: _____

Cell: _____ Home: _____

Date of injury, accident or incident: _____

Emergency Contact: _____ Phone: _____

Occupation _____

Primary care physician: _____

Referring physician: _____

Person filling out this form (circle one): self _____ other: _____

Are you seeking services for: (check which one applies)

Speech / language services _____

Massage services: _____

Medical history: please be specific and circle all that apply. Please provide the dates where applicable.

- | | | |
|---------------------------|-----------------------------|----------------------------|
| Acid reflux | Diabetes | Joint pain / stiffness |
| Anxiety | Disease | Kidney / bladder |
| Arthritis | Dizziness | Loss of sensation |
| Artery / vein problems | Drug / Alcohol/ Tobacco use | Where? _____ |
| Artificial joints / limbs | Ear infections | Meningitis |
| Asthma | Edema | MRSA |
| Automobile Accident | Emotional or psychological | Multiple sclerosis |
| Date: _____ | Epilepsy | Nerve Disorder |
| Back / spinal conditions | Facial nerve palsy | Neuralgia |
| Blood Clots | Fatigue | Neurological conditions |
| Broken bones | Fever | Numbness / Tingling |
| Bronchitis | Fibromyalgia | Osteoporosis |
| Bruises easily | Head/neck cancer | Pacemaker |
| Cancer | Head injury | PMS / Menopause |
| Cerebral palsy | Hearing loss | Pneumonia |
| Chronic colds | Heart attack | Pregnancy |
| Chronic Fatigue | Heart troubles | Rash |
| Chronic laryngitis | HIV | Respiratory Problems |
| Cleft palate | Huntington's or Parkinson's | Seizures |
| Cold hands / feet | Hypertension | Shingles |
| Constipation / Diarrhea | Hypoglycemia | Sinusitis / Sinus Problems |
| Contagious Disease | Insomnia / sleep | Stress / Tension |
| COPD | disturbances | Stroke |
| Decreased Range of Motion | Intellectual deficits | Thyroid issues |
| Dentures | Intubation / Vent | |



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TMJ
Tracheostomy
Tuberculosis
Varicose Veins
Please list any additional medical issues not listed above: _____

Visible skin irritants
Vocal polyps or nodules
Voice issues or changes
Whiplash Injury

Allergies:

Please include food, environmental, skin and chemical allergies:

Are you sensitive to lotions or oils? YES / NO
If yes, please list:

Are you allergic or sensitive to latex? YES / NO

What is your current state of health?

- Excellent
- Average-fair
- Poor

How active are you and what physical activities are you routinely involved in and what limitations have occurred as a result of your medical condition or accident?

Why were you referred to our clinic?

Have you been hospitalized as a result of your diagnosis or injury? If so, where, when and please provided any specifics regarding you diagnosis and any additional medical complexities.

What is the date of your accident or injury and briefly describe what happen _____

Briefly list any surgeries you have undergone related to you current medical condition or accident and month, day and year.



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Please list **ALL** supplement and medications you are taking at this time:
Include dosage and how many times per day.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Do you use any of the following assistance devices?

- Wheelchair Cane None
 Walker Other

Are you able to climb stairs? _____Yes _____No

SOCIAL AND EDUCATIONAL HISTORY

1. Marital Status:

- Single Married Divorced Widowed

2. Spouse or partner's name: _____

3. Children:

Name	Age

4. Occupation: _____

Do you currently work? _____YES _____NO



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5. Employer: _____

6. Highest level of education (grade or degree) completed. _____

Please provide other information you believe to be helpful in the development of your care.

PLEASE FILL OUT ONLY IF YOU ARE GOING TO RECEIVE MASSAGE THERAPY FROM ALTRUISTIC OTHERWISE SKIP THIS SECTION:

MESSAGE THERAPY HISTORY:

Have you ever had a massage before?

Do you have any internal wires, artificial joints, pacemakers or special equipment that we should be aware of? **Yes**_____ **No**_____

Please circle areas which are currently causing you symptoms of pain, stiffness, numbness or other forms of discomfort and **indicate if left, right or bilateral (both sides)**

- | | |
|------------|-------------|
| Face | Feet |
| Upper back | Shoulder(s) |
| Arm(s) | Lower back |
| Hand(s) | Wrist(s) |
| Thigh(s) | Head |
| Ankle(s) | Hip(s) |
| Neck | Leg(s) |
| Mid back | Toe(s) |
| Elbow(s) | Chest |
| Finger(s) | Ribs |
| Knee(s) | Tailbone |

Is there anything else about your health history that you think would be useful for your massage practitioner to know to plan a safe and effective massage session for you?



PLEASE FILL OUT ONLY IF YOU ARE GOING TO RECEIVE SPEECH SERVICES. OTHERWISE SKIP THIS SECTION

SPEECH-LANGUAGE-SWALLOWING-COGNITIVE HISTORY

Symptom	Never	Sometimes	Frequently
Difficulty chewing			
Difficulty swallowing			
Difficulty expressing thoughts			
Difficulty being understood by others, slurred speech and poor breath support/ shortness of breath while speaking			
Difficulty understanding what others are saying to you			
Orientation / memory / sequencing / organizing/processing			
Difficulty with planning out Activities of Daily Living			
Problem solving			
Focusing / attention			
Reading / writing			
Finding words			
Maintaining topic of conversation			
Fluent speech (stuttering)			
Following directions			
Oral motor weakness (weakness, difficulty coordinating tongue, cheeks, lips, etc.)			
Voice difficulties			

If swallowing difficulties what form of nutritional intake and what food consistencies?
 (For example: Puree, mechanical soft, solids, thins, nectar thick, honey thick, PEG tube feed)

Are there any other difficulties besides what is listed above?

When was this problem first noticed?

Please rate your pain from a scale of 1-10 (1 being minimal pain and 10 being severe pain) _____

Please describe what circumstances exacerbate your condition. _____

Please describe in detail how your pain (if any), affects your daily function, physical, emotional and overall mental well-being? _____

Please describe in detail how your speech, language, cognitive, swallow difficulties (if any), affect your daily function, physical, emotional and mental well-being. _____

I acknowledge that no assurance or guarantee has been provided to me as to the results of the treatment. I acknowledge and understand that the Massage Therapist and / or Speech Therapist must be fully aware of my existing medical conditions. I have completed my medical history form as provided by my Altruistic Therapy Services, LLC and disclosed all of those medical conditions affecting me. It is my responsibility to keep the Therapist updated on my medical history and medical appointments related to the case. The information I have provided is true and complete to the best of my knowledge.

Patient/Agent/Guardian/Representative signature

Date